



Breakfast Price - \$1.25  
Menu is Subject to Change

# MAY 2019

## Breakfast Menu

For more information email [kdorr@oneida-boces.org](mailto:kdorr@oneida-boces.org)

Food Service Helpers and Substitutes Needed!

Please call the OHM BOCES Food Service  
Office at (315) 738-0848 for more information!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

WG Pancake  
& Sausage Stick

2

Whole Grain Pancakes  
w/ Maple Syrup

3

Toasted Bagel with  
Cream Cheese or Jelly

6

Apple Frudel!!!

7

Breakfast Sandwich  
(Ham, Egg & Cheese)

8

Whole Grain French  
Toast Stix

9

Warm Whole Grain  
Waffles w/ Maple Syrup

10

Assorted WG Muffins  
(1 w/ or w/o 1 SI Toast)

13

ZeeZee's  
Oatmeal Choco Chip  
or Strawberry Bars

14

Homemade  
Breakfast Pizza!!!

15

WG Pancake  
& Sausage Stick

16

Whole Grain Pancakes  
w/ Maple Syrup

17

Toasted Bagel with  
Cream Cheese or Jelly

20

Apple Frudel!!!

21

Breakfast Sandwich  
(Ham, Egg & Cheese)

22

Toasted Bagel with  
Cream Cheese or Jelly

23

Warm Whole Grain  
Waffles w/ Maple Syrup

24

27

Memorial Day-  
No School

28

ZeeZee's  
Oatmeal Choco Chip  
or Strawberry Bars

29

Homemade  
Breakfast Pizza!!!

30

Whole Grain Pancakes  
w/ Maple Syrup

31

Toasted Bagel with  
Cream Cheese or Jelly

### Available Daily:

- Whole Grain Toast – 1 or 2 slices as an entrée
- Assorted Cold Whole Grain Cereals
- Yogurt – 1 with or w/out 1 slice toast as entrée
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

Students can select 1 or 2 grains, milk, and 1 or 2 fruits/juice for a complete breakfast!